


Department	PE	 HeathPark EVERY PUPIL ALWAYS IN FOCUS
Key Stage	KEY STAGE 4	
Course Level	BTEC Tech Award in Sport	
Exam Board	Pearson	

Dates Delivered	Unit Title	End Points	Substantive Knowledge What will they learn about in this topic?	Disciplinary Knowledge What subject concepts will be developed through this topic?	Assessment Method	Key Course Guides & Reading
Y10 Autumn - Spring Term	Component 1: Preparing Participants to Take Part in Sport and Physical Activity	<p>Students will have explored the types and provision of sport and physical activity for different types of participant.</p> <p>Students have examined the equipment and technology required for participants to use when taking part in sport and physical activity.</p> <p>Students can be able to prepare participants to take part in sport and physical activity.</p>	<p>Types and providers of sport and physical activities.</p> <p>Types and needs of sport and physical activity participants.</p> <p>Barriers to participation in sport and physical activity for different types of participant.</p> <p>Methods to address barriers to participation in sport and physical activity for different types of participant.</p> <p>Different types of sports clothing and equipment required for participation in sport and physical activity.</p> <p>Different types of technology and their benefits to improve sport and physical activity participation and performance.</p> <p>The limitations of using technology in sport and physical activity.</p>	<p>Comprehensive application of knowledge and understanding.</p> <p>Compare and contrast the provision of sports and physical activities from different sectors.</p> <p>Analysis of a case study.</p> <p>First-hand experience. Confident practical ability and demonstration of appropriate support.</p> <p>Comprehensive application of knowledge and understanding.</p> <p>A well-developed account to justify the choices with specific relevance.</p>	<p>Regular recall tests.</p> <p>Video evidence.</p> <p>Non-exam internal assessment worth 30% of their overall grade set by Pearson, marked by the centre and moderated by Pearson. The Pearson-set Assignment will be completed in approximately 5 hours of supervised assessment. [60 marks]</p>	<p>BTEC Tech Award 2022 Sport Student Book.</p> <p>BTEC Tech Award 2022 Sport Revision Guide.</p>

			<p>Planning a warm-up.</p> <p>Adapting a warm-up for different categories of participants and different types of physical activities.</p> <p>Delivering a warm-up to prepare participants for physical activity.</p>	<p>Planning and leading an effective warm-up.</p> <p>Review a performance and give appropriate feedback.</p>		
Y10 Spring-Summer Term	Component 2: Taking Part and Improving Other Participants Sporting Performance	<p>Students understand how different components of fitness are used in different physical activities.</p> <p>Students are able to participate in sport and understand the roles and responsibilities of officials.</p> <p>Students can demonstrate ways to improve participants sporting techniques.</p>	<p>Components of physical fitness.</p> <p>Components of skill-related fitness.</p>	<p>Comprehensive application of knowledge and understanding.</p>	<p>Non-exam internal assessment worth 30% of their overall grade set by Pearson, marked by the centre and moderated by Pearson. The Pearson-set Assignment will be completed in approximately 5 hours of supervised assessment. [60 marks]</p>	
			<p>Techniques, strategies and fitness required for different sports.</p> <p>Officials in sport.</p> <p>Rules and regulations in sports.</p>	<p>Comprehensive application of knowledge and understanding.</p> <p>Confident demonstration of practical ability through participation in their chosen sport.</p>		
			<p>Planning drills and conditioned practices to develop participants' sporting skills.</p> <p>Drills to improve sporting performance.</p>	<p>Planning and leading effective drills and practices.</p> <p>Review a performance and give appropriate feedback.</p>		
Y11 Autumn-Spring Term	Component 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity	<p>Students can demonstrate an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise.</p> <p>Students can apply an understanding of facts,</p>	<p>The importance of fitness for successful participation in sport.</p> <p>Fitness training principles.</p> <p>Exercise intensity and how it can be determined.</p>	<p>Comprehensive application of knowledge and understanding.</p> <p>A well-developed account to justify the choices with specific relevance.</p>	<p>External assessment set and marked by Pearson, completed under supervised conditions. The assessment will be completed in 1.5 hours</p>	
			<p>Importance of fitness testing and requirements for administration of each fitness test.</p>	<p>Interpretation of data.</p>		

		<p>components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise.</p> <p>Students can make connections with concepts, facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise.</p>	<p>Fitness test methods for components of physical fitness.</p> <p>Fitness test methods for components of skill-related fitness.</p> <p>Interpretation of fitness test results.</p> <p>Requirements for the fitness training methods.</p> <p>Fitness training methods for physical components of fitness.</p> <p>Fitness training methods for skill-related components of fitness.</p> <p>Advantages and disadvantages of the fitness training methods.</p> <p>The effects of long-term fitness training on the body systems.</p> <p>Personal information to aid training fitness programme design.</p> <p>Fitness programme design.</p> <p>Motivational techniques for fitness programming.</p>	<p>Analysis of training methods and fitness tests.</p>	<p>within the period timetabled by Pearson. [60 marks]</p>	
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