

Department	Dance
Key Stage	Key Stage 3/ Year 7



Heath Park

EVERY PUPIL ALWAYS IN FOCUS

	Unit Title	End Point	Substantive Knowledge What will they learn about in this topic?	Disciplinary Knowledge What subject concepts will be developed through this topic?	Assessment Method	Key Course Guides & Reading
Term 1	Dancing through the decades 1950's (Rock N Roll)	<ul style="list-style-type: none"> To explore the movements of social dances performed in the 1950's discovering them practically in the body. To develop choreographic skills linking and using these set phrases to create dance sequences. To perform a 1950s inspired dance sequence showing stylistic qualities. 	1950's Dance and Key movements from the era.	<ul style="list-style-type: none"> Introduction to the 1950s Placing the Lesson in Context Teacher Taught (demonstration): 1950s Inspired Warm up Knee Bends / Handshakes/Charleston / Kicking Sequence /jelly legs etc. Choreograph a sequence by linking together phrases of movements in the style of 1950's. Develop: Formations, Contact, Canon & Unison 	Performance: Perform to the class for CAT assessment. Plenary: Record assessment on worksheets.	Knowledge Book/ Assessment Booklet Scheme of work resources Vimeo Link in Powerpoint. Video View: Grease sequence or Rock N Roll duet.
			Stylistic qualities of 1950's dance styles.	<ul style="list-style-type: none"> Question and Answer 1950's – History and Background Teacher led with student examples asked for: Step Kick (Basic) Developing knowledge of key movements from 1950's. Teacher Taught and Student exploration: Ways of turning. Side swing of partner. Pull under legs. Supported jump (hands on shoulders) 		

			Using relationships to develop a routine.	<ul style="list-style-type: none"> Using relationships to develop their sequences. Warm-up: Isolations, Pulse raiser, Stretches <i>Teacher taught:</i> movements in 1950's style numbered 1-5. Students then put them in their own order and add to sequence. Ready for performance. Students to develop this using what they know from previous lessons Formations, contact, Canon & Unison 		
Term	Dancing through the decades 1960's (Jazz)	<ul style="list-style-type: none"> Explore the movements of social dances performed in the 1960s, discovering them practically through experimentation. To develop choreographic skills linking and using set phrases to create dance sequences To perform a 1960s-inspired dance sequence with an emphasis on starting and finishing positions. 	1960's Dance and Key movements.	<ul style="list-style-type: none"> Introduction to the 1960s Placing the Lesson in Context Teacher Taught (demonstration): 1960s Inspired Warm up Create a 32 (4 lots of 8) count sequence or longer. Develop 2-3 formations to use in your sequence. Use the travelling steps, e.g. Pony step, Fosse arm circles, to change the formations throughout your dance. 	Performance: Perform to the class for CAT assessment. Plenary: Record assessment on worksheets.	Knowledge Book/ Assessment Booklet Scheme of work resources Video View: Vimeo Link in Powerpoint. Video View: 1960's inspired video (discussion of Stylistic qualities)
			Appreciating the context of the 1960s via key action content & S.Q	<ul style="list-style-type: none"> Question and Answer 1970's – History and Background – what do they remember? Discussion on Stylistic Qualities. Teacher Taught and Student exploration: Teach key movements in the style. Students are to choreograph a duet using all taught material. Stylistic qualities of the 1970's era of dance must be evident. Develop: Levels, Facings 7& Foreground-background 		
			Using choreographic devices to develop a routine.	<ul style="list-style-type: none"> Using space to develop their sequences. Warm-up: Isolations, Pulse raiser & Stretches Develop their dances from last lesson using what they know from previous lessons: <ul style="list-style-type: none"> Start & End positions Levels Facings 		

				<ul style="list-style-type: none"> • Foreground-background 		
Term 2	Dancing through the decades 1970's (Disco)	<ul style="list-style-type: none"> • To explore and demonstrate the movements of social dances performed in the 1970s. • To develop choreographic skills linking and using set phrases to create dance sequences. • To perform a 1970 inspired dance sequence with an emphasis on starting and finishing positions. 	1970's Dance and Key movements.	<ul style="list-style-type: none"> • Introduction to the 1960s Placing the Lesson in Context • <i>Teacher Taught (demonstration):</i> 1970s Inspired Warm up: Funky chicken, rolling arms, grapevine etc. • Learn mmts from Video. • In Pairs: use the 'Hustle' phrase to create a sequence add more mmts such as: Snake Arms, 'Grape Vine' and 'Flick Ball-Change' etc. • Create a starting and ending position. 	<p>Performance: Perform to the class for CAT assessment.</p> <p>Plenary: Record assessment on worksheets.</p>	Video View: 1970's inspired video (discussion of stylistic qualities)
			Appreciating the context of the 1970s via key action content & S.Q	<ul style="list-style-type: none"> • Question and Answer • 1970's – History and Background – what do they remember? • Discussion on Stylistic Qualities. • Students are to choreograph a duet using all taught material. • Stylistic qualities of the 1970's era of dance must be evident. <p>Develop:</p> <ul style="list-style-type: none"> • Levels • Facings • Foreground-background 		

			Using space to develop a routine.	<ul style="list-style-type: none"> • Question and answer, what do they know and remember. Using space to develop their sequences. • Warm-up: isolations, Pulse raiser & Stretches • Students can continue to develop their dances from last lesson using what they know from previous lessons: • Start & End positions • Levels • Facings • Foreground-background 		
Term 3	Dancing through the decades 1980's (Broadway Jazz/Hip Hop)	<ul style="list-style-type: none"> • To explore the movements of social dances performed in the 1980s, discovering them practically in the body. • To develop choreographic skills, linking and using these set phrases to create dance sequences. • To perform a 1980s-inspired dance sequence. 	1980's Dance and Key movements from the era.	<ul style="list-style-type: none"> • Introduction to the 1980s placing the lesson in context. • Teacher Taught (demonstration): 1980s Inspired Warm up • Thriller step, six step, step and click, threading, heel digs etc. • Students choose the movements they want to use, decide an order and make a 32-count sequence. • Develop: Exploring and experimenting with mirroring. Add start/end positions. 	Performance: Perform to the class for CAT assessment. Plenary: Record assessment on worksheets.	Knowledge Book/ Assessment Booklet Scheme of work resources
			Stylistic qualities of 1980's dance styles.	<ul style="list-style-type: none"> • Question and Answer • 1980's – History and Background – what do they remember? • Discussion on Stylistic Qualities. • Teacher Taught and Student exploration: • Teach basic hip hop moves from 1980's. • Students are to continue in their groups from previous lesson and choreograph a 1980's inspired routine using mmts taught. Stylistic qualities of the 1980's era of dance must be evident. 		
			Include all elements of developments learnt over SOW.	<p>Introduction: Question and answer, what do they know and remember. Discuss the similarities and differences of the four decades of dance.</p> <p>Warm-up: <i>Student Led:</i> Use warm up task cards in pairs or groups.</p>		

				<p>Main Body: Student led rehearsal.</p> <p>Students to develop this using what they know from previous lessons:</p> <ul style="list-style-type: none">• Formations• Contact• Canon• Unison• Start & End positions• Levels• Facings• Foreground-background• Mirroring• Retrograde		
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