



# PHYSICAL EDUCATION

## NEWSLETTER

### BLACK COUNTRY SCHOOLS GAMES CHAMPIONS YEAR 9 GIRLS ' AND BOYS '

#### INDOOR ATHLETICS

The Black Country School Games represents the pinnacle of all intra and inter school competition in the Black Country. The ethos of the Black Country School Games delivery is "Competition and activities for young people, shaped, delivered and supported by young people".

Heath Park school qualified for the Level 3 Athletics Championships and we are incredibly proud to say both our Year 9 girls and boys team brought home the gold medals! This is a fantastic achievement, beating 123 other secondary schools!

We also need to shout out our fantastic 6th form leaders who helped run the event. They were incredibly professional throughout, and we are very thankful!



### JR NBA FINALS 2023

Massive congratulations to the year 7 Jr NBA team. They attended the Jr NBA finals in Birmingham on Wednesday 14th June. This is a competition that includes schools across the West Midlands and is fiercely contested every year. The boys went through the qualifying rounds undefeated and topped their conference league. The team finished 2nd overall out of 33 schools across the West Midlands.

This is an amazing achievement, and we are extremely proud of their efforts and dedication throughout the season. The boys are pictured below with 2022 commonwealth games 3x3 gold medallist.

## UNIFIED CRICKET

We took a group of enthusiastic year 7 and 8 students to a unified event at Wolverhampton Cricket Club. They competed against a number of schools and came second overall in the tournament, narrowly losing out on the last ball. The students made excellent progress in their cricket skills as well as developing their confidence and teamwork throughout the day. It was a fantastic day and all students involved were a credit to the school.



## NATIONAL SCHOOL SPORTS WEEK

Heath Park students enjoyed a fun filled National Sports week taking part in an interform obstacle course, kabaddi and tug of war competition. This formed part of the students #Pledgetoplay initiative further promoting the physical, mental and social benefits of physical activity.

## FUTURE OF FOOTBALL ASPIRE EVENT

Some of our Year 9 Footballers were given a fantastic insight into a 'Future of Football and Analysis' Aspire to Higher Education career event.

Throughout the day, they took part in a range of exciting activities including Speed and Agility in football, Performance analysis in football, Analysis and data of a penalty and Exertion and effort levels in football. Students were a credit to the school and were grateful for this opportunity.



## WOMENS FA CUP FINAL

On Sunday 14th May 2023 our Heath Park students were given a fantastic opportunity to watch the Women's FA Cup Final between Manchester United and Chelsea at Wembley stadium in London.

A competitive game alongside a record-breaking attendance, made for a thrilling atmosphere. The students were an absolute pleasure to take and a real credit to the school.



## SCHOOL GAMES MARK – GOLD

We are delighted to announce that Heath Park School has achieved the School Games GOLD Mark Award for the 2022/23 academic year. The School Games Mark is a Government-led award scheme launched in 2012, facilitated by the Youth Sport Trust to reward schools for their commitment to the development of competition across their school and into the community, and we are delighted to have been recognised for our success.

Our sporting achievements this year include: Y8 Boys Football Div 1 winners, Y7/8 Boys and Girls City Dodgeball Winners, Y8 boys Volleyball Winners, Y8 indoor athletics boys winners, Y9 indoor athletics boys and girls winners, Y7 Jnr NBA League Winners, Y9/10 Girls basketball league Winners, a range of medals in Gymnastics, trips to the Women's FA cup final, Wimbledon, BBL Final, Worcester University netball and basketball trip, entrance into all Unified events, an array of KS3-5 leadership opportunities and Aspire to HE events.

With a total of young people competing in local inter-school competitions this year, we are extremely proud of our pupils for their dedication to all aspects of school sport, including those young volunteers, leaders and officials who made our competitions possible.

As part of our application, we were asked to fulfil criteria in the areas of participation, competition, workforce and clubs, and we are pleased that the hard work of everyone at our school has been rewarded this year.

A special thanks to our amazing Heath Park students who have shown commitment, desire and motivation to partake in our sports provision. The PE team who have shown hardwork and dedication to provide our Heath Park students with the best opportunities and help make lifetime memories through sport.

We look forward to applying once again in 2024!

### YEAR 9/10 BOYS CRICKET CHAMPIONS

The Year 9 and 10 Cricket team sealed the league title this week with wins over Moseley Park and Moreton. These wins ensured that the boys capped off an impressive season, winning 5 out of 5 games! Attention will now turn to the City final. Good luck lads!



## WIMBLEDON

On Friday 7th July, Miss Harvey and Miss Mitchell took 8 students to Wimbledon. They were fortunate enough to have tickets for court 1 and were able to watch some elite tennis including performances from the WTA number 2 A. Sabalenka and GB's own C. Norrie! The students also developed their tennis knowledge by visiting the Wimbledon Museum. Their conduct was amazing and their enthusiasm for the sport was infectious. A brilliant day all round.



## JOEL JACKSON – JUJITSU WORLD CHAMPION

Heath Parks Joel Jackson has had an outstanding year in Jujitsu. Joel's recent accolades include:

- Gold medal at the Junior World Championships
- Gold medal in the last two Junior European Championships
- Gold at the last two Junior National Championships.

His performances have resulted in him being ranked number one in the world for his age category.

Joel is incredibly committed to the discipline of his sport, at times training five times a week. In addition, Joel kindly shares his Jujitsu expertise by coaching some of his peers, helping to improve their skills and fitness to maximise their results at competitions. The fact that he manages to juggle all of this with such a packed training schedule and the demands of being a year 10 student makes this all the more impressive. We are incredibly proud of Joel and all his sporting accomplishments and wish him the best of luck in his training and future competitions!



## YEAR 7/8 GIRLS BASKETBALL LEAGUE

### WINNERS

Our Y7/8 girls played a competitive basketball finals game on Monday 3rd July against Colton Hills Community School. Both teams played with passion and determination, but Heath Park prevailed 14-4.

They are now the Wolverhampton City 2022-23 league winners!

Congratulations girls, we are very proud of your hard work and talent!



## FA YOUNG LEADERS QUALIFICATION

Some of our Y9 and 10 girls had an amazing opportunity to meet Tottenham FC footballer Kerys Harrop, who holds the record for the most WSL appearances. They engaged in a careers workshop following by a football coaching session. The girls were thrilled with this once in a lifetime experience meeting their role model and were a credit to the school in the way they conducted themselves. We look forward to seeing our HP girl's breakdown barriers to fulfil a career in sport.

## YEAR 9 KS2 LEADERSHIP EVENT

Our Year 9's did a wonderful job of leading a KS2 volleyball and dodgeball activity day. They were great role models and delivered practices with confidence and enthusiasm. Our students received fantastic feedback on their ability to motivate and engage the young participants.

The PE department would like to say a massive well done and thank you!



## SPORTS AWARDS EVENING

On Monday 10th July, Heath Park attended the ConnectEd Partnership SSAW Awards Evening at the Grand Station Wolverhampton. It was a fantastic evening rounding up a very successful year for our sports students this year. Thank you to the students who attended the evening as representatives for each team. Heath Park students collected awards for the following:

- Year 10 boys cross country winners
- Year 7/8 boys volleyball winners
- Year 9 Boys and Girls indoor athletics champions (also winning the BCSG making them the best in the Black Country)
- Year 8 boys indoor athletics winners
- Year 7/8 girls dodgeball winners
- Year 8 boys football league winners
- Year 7/8 Girls Basketball league winners



## **TAYLA CLARKE –THE WOLF AWARD**

Everyone at Heath Park are extremely proud of Tayla Clarke who won the 'The Wolf Award'. Award of special recognition that celebrates power in adversity, strength, courage and heart.

"Sometimes when you read nominations occasionally one jumps out at you as extra special which is exactly what Tayla's did. Not only did it resonate on a personal level but what an extraordinary young person this was. Tayla is a selfless young lady who despite suffering the terrible loss of her Dad not only continued to work in his memory but went even further fundraising and organising national events. Tayla is without doubt a very special and wonderful person."

(Dawn Jones, School Games Organiser ConnectEd Partnership)



## **THE EXTRA MILE AWARD**

Heath Park PE department were commended for their hard work and dedication to going the extra mile in the opportunities our students are offered.

"This goes to a PE department who not only give their time to do fixtures, run clubs, organise and run city events – football leagues, year athletics competitions but give up their time and take their young people to watch elite performances, experience different sports, look to future careers – GO THE EXTRA MILE. Their young people can be seen at all the city's events and I mean ALL their young people as there are opportunities for SEND young people through UNIFIED events. Their leadership programme has gone from strength to strength having first contributed to the Community Games last summer, they can now be seen at many of the city's events and competitions. The department is a cohesive unit who all contribute and the young people at Heath Park do not know how lucky they are to have such super role models who give them every opportunity possible to experience success and appreciate the value of physical activity and sport."

(Dawn Jones, School Games Organiser ConnectEd Partnership)

## SPORTS DAY

Heath Park had an amazing sports day at Aldersley stadium on Friday 14<sup>th</sup> July. Year 7, 8, 9 & 10 got to experience and showcase their amazing sporting talent. This was possibly the wettest sports day in the history of Heath Park. However, the students showed brilliant resilience and went out and represented their forms greatly.

For year 10 it was the last time they will get to experience sports day and all the students thoroughly enjoyed the day.

The results are as follows:

### Overall winners

7RM

8BN

9MG

10GY



## THANK YOU!

We have had another amazing year here at Heath Park and the PE department would like to say a massive thank you to all students. The hard work and dedication you have shown, has been evident in all the success we have gained not only across the city but also the West Midlands

We look forward to having another successful year, see you all in September!