

PHYSICAL EDUCATION



Olympic Boxer Ben Whittaker visits Heath Park

On Friday 6th October Ben Whittaker, professional boxer and Olympian gave an inspiring and honest speech to our pupils at Heath Park. Ben then answered an array of questions from the engaged audience, elaborating on his journey, his training regime, what it takes to be a professional athlete, his ambitions and the challenges he faces in his career. His honesty hit home with some of our students who could really relate to his life choices.



Black country Partnership Games

On Thursday 28th September, 11 Heath Park students has the opportunity to participate in the Black Country Partnership Games. Throughout the day they experienced and developed their knowledge in a range of sports. These included Tai Chi, Archery, Circus skills, Tennis, Cricket, Boxing, Dance and Gaelic Football.

Wolverhampton City Athletics Finals

On the 7th September 2023 we took 40 students to the city athletics championships to represent the school. This championship is open to all of the schools in Wolverhampton and offers both track and field events. The students were phenomenal both on and off the track. In total we won 15 gold medals, 12 silver medals and 7 bronze medals. This is an amazing achievement, and we are incredibly proud of all of the students.

Year 7 boys and year 8 boys also won the overall trophy for their age category. This makes them the best athletics team for their age in the city.

A huge congratulations to all of the students!

Y7 Boys

100m - Silver N Brown

200m - Gold N Brown/Silver A Banahene

300m - Gold J Mandozie/Bronze H Madagou

800m - Gold A Banahene

4x100m Relay - Gold

Y7 Girls

Shot Put - Silver K Cummings

Y8 Boys

100m - Gold N Akoanor/Silver S Maduako

200m - Gold N Akoanor/Bronze C Mckenzie

300m - Gold C McKenzie/ Silver S Maduako

800m - Gold C Orstynowicz/ Silver T Kavijtjene

4x100m - Gold

High Jump - Gold C Mckenzie

Discus - Silver S Maduako

Shot put - Bronze C Orstynowicz

Y8 Girls

200m - Bronze S Morris

300m - Silver S Morris/Bronze S Ball

Shot put - Bronze R Sabu

Y9 Boys

100m - Gold J Tucker/Silver J Lewis-Hill Davidson

200m - Gold A Allen/Silver J Tucker

300m - Silver A Allen

4x100m Relay - Gold

Y9 Girls

100m - Gold G Izogie

300m - Silver T Clarke

4x100m Relay - Gold

High Jump - Bronze K Treadwell

Year 10 Girls

300m - Silver K Clarke

High Jump - Bronze E Smith



KS2 Play Leaders Training Event

On Tuesday 24th October we took our Year 9 sports leaders to support a playleaders training event for primary pupils in years 5/6. Playleaders is leadership training for primary pupils so they can go back into their schools and lead lunchtime activities.

Our students helped to run events throughout the day including invasion, net/wall, creativity and communication games. They showed fantastic leadership and communication skills. They quickly built great rapport with the young pupils, evidenced by the increased levels of engagement and huge smiles on their faces.

Our Y9 leaders received some great feedback, with staff describing them as 'Amazing' and 'A huge credit to the school'. It was a fantastic day and all students involved should be very proud of themselves, because we sure are! Well done!



Primary school Indoor athletics

21 of our excellent Sports Leaders hosted the Primary Indoor Athletics competition. Leaders from year 9 to 13 organised six different athletics events to over 50 year 5 and 6 pupils from local primary schools. Our leaders were praised from parents and primary staff alike on their conduct, enthusiasm, and how welcoming they were to the primary pupils. Congratulations to all of our leaders involved, you were fantastic!

Sports Leaders KS2 Event

Some of our fantastic Y9 sports leaders ran a Dodgeball and Volleyball event for our local KS2 children at WV Active (Aldersley) on Tuesday 28th November.

All involved were praised on their enthusiasm and leadership qualities displayed on the day, and the smiles on their faces certainly confirmed this. Another example of how our amazing HP leaders are giving back to the community.



British Basketball League Finals

We will be taking a group of students to watch the British Basketball League Trophy Finals On Sunday 28th January at The Utilita Arena in Birmingham

This is a fantastic opportunity for you to see topflight British Basketball. It will be open to all students and will work on a first come first serve basis. There will be 30 places available. The trip will be active on ParentPay on the 07/11/2023. The trip will have a cost of £32.00 (can be paid in instalments), this will be active on ParentPay from today. Once all places are full the trip will close.

We will be travelling to and from the venue by a school minibus, times will be confirmed closer to the date.



Cross Country 2023

On Wednesday 4th October Heath Park took an excited team of students to compete in the Wolverhampton Schools Cross Country event. Our students gave it 100% battling through the adverse British weather conditions, we are very proud of their efforts and resilience.

A massive well done to Usman Jimoh who placed second in the Y7 boys' event and to Deziah Barrett who also took gold for the Y8/9 boys' event. As a result, both boys qualified to represent Wolverhampton for the West Midlands Cross Country event



Central Sixth Football Academy

A positive start to the season for the newly formed Central Sixth Football Academy has seen the team compete in a number of League and Cup games already this season. Including an impressive 4-0 win against NEWA Football Academy in their only home game so far.

The team receive 5 hours+ football training/matches per week. Held on HP 4G and managed by fully qualified coaches (outfield and GK Uefa B, C). We participate in AOC regional and national leagues and national knockout cups and the English Schools National Cup.

Any new players from Heath Park, Moseley Park and Coppice are welcome to train at Heath Park on Wednesday afternoons and Friday mornings. With a busy schedule and an intense yet rewarding training regime the team is always evolving and would welcome talented players to bolster an already competitive squad.



Year 8 Football League Winners

The Year 8 football team have done fantastically well this year in already winning the Wolverhampton Division 1 league, making them the best under 13s team in the city. They have won 5/5 games, scored 34 goals, and conceded only 5. They are also in the semi-final of the city Cup, awaiting their opponents.

To say we are proud of their journey and achievements is an understatement. They have shown dedication in attending every training session/ match and resilience to bounce back this year. Every time they have represented the school impeccably showing great respect and sportsmanship.

